

Local Resources	
Addiction Services of Thames Valley	200 Queens Ave., Suite 260 London, ON N6A 1J3 519-673-3242 www.adstv.on.ca
Anonymous HIV Testing	Option Clinic 659 Dundas Streets London, ON N5W 2Z1 519-673-4427 Elgin St. Thomas Public Health 99 Edward Street St Thomas, ON N5P 1Y8 519-631-9971
Aylmer Police Service	519-773-3144 www.aylmerpolice.com
Centre for Addiction and Mental Health	London Area Office (serves Middlesex, Elgin, and Oxford Counties) 100 Collip Circle, Suite 100 & 200 U.W.O. Research Park London, ON N6G 4X8 1-888-495-2261 or 519-858-5110 www.camh.net
London Police Services	519-661-5670 www.police.london.ca
MADD – Mothers Against Drunk Driving	London Chapter 519-645-1350 www.maddlondon.com MADD St. Thomas - Elgin Chapter 519-637-3333 maddstthomas2@hotmail.com
mindyourmind.ca	Youth mental health website dedicated to providing information, resources and coping tools for youth to help themselves or a friend dealing with stress, mental health issues, suicide and self-harming behaviours. It is a program of Family Service Thames Valley. Contact by email on the website (www.mindyourmind.ca).
Ministry of Transportation	659 Exeter Road London, ON N6E 1L3 519-873-4420 www.mto.gov.on.ca

Local Resources

Ontario Provincial Police Middlesex Ingersoll Norwich Tillsonburg Elgin	1-888-310-1122 www.opp.ca
Oxford Community Police Service	519-421-2800 www.oxfordcommunitypolice.on.ca
Public Health Nurse at School or Local Public Health Unit	<p>Elgin St. Thomas Public Health 99 Edward Street St. Thomas, ON 519-631-9900 / 1-800-922-0096 www.elginhealth.on.ca</p> <p>Middlesex-London Health Unit 50 King Street London, ON N6A 5L7 519-663-5317 www.healthunit.com</p> <p>Oxford County Public Health & Emergency Services 410 Buller Street Woodstock, ON N4S 4N2 519-539-9800 / 1-800-755-0394 www.county.oxford.on.ca</p>
Regional Sexual Assault and Domestic Violence Treatment Centre	<p>St. Joseph's Health Care London 268 Grosvenor Street London, Ontario N6A 4V2 519-646-6100 #64224 (Monday-Friday 8:30am-4:30pm) After hours (evenings, weekends, and statutory holidays) go to the Urgent Care Centre or any London Emergency Room and request our on-call nurse who is available 24/7.</p>
St. Thomas Police Service	519-631-1364 www.stps.on.ca
St. Thomas Walk-In Medical Clinic	230 First Avenue (Suite 105) St. Thomas, ON N5R 4P5 519-633-9627 (Recorded message gives hours and doctors on duty. No appt. necessary)
Sexual Assault Centre London	379 Dundas Street, Suite 121 London, ON N6B 1V5 Office - 519- 439-0844 Crisis and Support Line – 519-438-2272 www.sacl.ca

Local Resources

Sexual Health Clinics	<p>Elgin St. Thomas Public Health: 519-631-9971 sexualhealth@elginhealth.on.ca</p> <p>Middlesex London Health Unit: 519-663-5446</p> <p>Oxford County Public Health: 519-539-4431</p>
Strathroy-Caradoc Police	<p>519-245-1250</p>
Taxi Cabs	<p>Elgin County Cox Cabs – 519-631-1800 (interact and credit card can be used in car. Can also leave pre authorization of credit card with office) Redline – 519-631-1200</p> <p>London-Middlesex Aboutown – 519-432-2222 Checker Limousine – 519-659-0400 (can have accounts set up to bill to credit cards ahead of time) U-Need-A-Cab – 519-438-2121 (credit card can be used in car) Sunny’s (Strathroy) – 519-245-7777 Keys Thanks - 519-457-9700 (will drive you and your car home)</p> <p>Oxford County Kendall Cab Ltd. - 519-537-2345 Woodstock Taxi - 519-537-5509</p>
Violence Against Women Services	<p>Elgin County Violence Against Women Services: 519-633-0155 or 1-800-265-4305</p> <p>London-Middlesex Women’s Community House 24 hr helpline: 519-642-3000 or 1-800-265-1576 or 519-642-3003 (business line)</p> <p>London Abused Women’s Centre: 519-432-2204</p> <p>Women’s Rural Resource Centre Strathroy and Area 24 hr Crisis Line: 1-800-265-5390</p> <p>Oxford County Women’s Emergency Centre: 519-539-4811/ 1-800-265-1938</p>