

SAFEGRAD BREAKOUT SESSION – CONSEQUENCES

Instructions:

Each student takes a turn rolling the big die. Each colour on the die corresponds with the group that the student will be assigned to. (i.e. Student rolls the colour purple. He will join the purple group along with other students who roll purple. The group will be given *one* of the scenarios for purple (legal consequences). The students will read and discuss the scenario. After 10 minutes of discussion among the small groups, each group will be asked to read their scenario to the large group and read what they have answered for each question. Students from the large group can then add comments about the small group's scenario.

Purple- Legal Consequence

Scenario #1

You have just won the hockey finals for your school and the team plans to celebrate at a friend's house. No one stays too late because it is a school night. You have been drinking, but tell yourself that "it was only a few drinks" and "I will be fine." On the way home, you are stopped by the police and the officer detects alcohol on your breath. Since you are under the age of twenty-one, you are not allowed to have ANY alcohol in your system while driving. You are charged, and as a result you can no longer apply to Police College since you now have a criminal record.

Scenario #2

You have just worked a long day and decide to go to a party after work. You stay late, have a couple drinks, and are feeling tired. You decide to drive home because you have to work the next day. On the drive home, you rest your eyes for a moment and suddenly you are awakened by the sound of your windshield cracking. You've just hit a person who was crossing the street. You find out quickly that you are being sued, and because you were drinking, the insurance company will not pay. Since you were driving your parents' car, your parents are found to be responsible. In order to pay the lawsuit, your family has to declare bankruptcy.

Blue – Pregnancy/STI Consequence

Scenario #1

You are at party and have a lot to drink. You and your boyfriend get cozy in the spare room. You end up having sex, but do not remember if you used a condom. A month later when you don't get your period, you think back to that night...

Scenario #2

You go with your friends to their older cousin's house. You have a few drinks and someone offers you a pill. Everyone else is trying it, so you decided to try it too. You wake up the next morning undressed and next to an unfamiliar guy. You do not remember what happened. You are worried about the possibility of becoming pregnant, or catching a sexually transmitted infection (STI). Also, what if this gets on Facebook?!

Red – Hospital Consequence

Scenario #1

You are in the passenger seat and the driver has been drinking. The driver is also texting on his cell phone, and not paying attention to the road. You don't realize that you forgot to put your seatbelt on. The driver goes through a stop sign and collides with another vehicle. You are thrown through the windshield and land 20 metres away. When you wake up in the hospital, you cannot feel your hands and feet. You are paralyzed from the neck down.

Scenario #2

You and your friends did not drink, but you smoked up before you left the prom party. You figure you are safe to drive because you didn't drink. You and your friends pile into your car. You find yourself becoming very distracted and cannot focus on the road ahead of you. You think to yourself: "Maybe I shouldn't have smoked that joint..." Before you know it, you have lost complete focus on driving, and the car begins to drift to the other side of the road. You hit a tree. You and your friends survive the collision, but you all suffer serious injuries and have to be hospitalized.

Orange – Death/Fatal Consequence

Scenario #1

You and your friends had a great time at the prom party. You are the designated driver (DD), and all of your friends drank responsibly. You notice some other classmates at the party getting behind the wheel, even though they are very intoxicated. You leave the party and are only minutes away when you see another car coming towards you very quickly. The car doesn't look like it's going to stop. The last thing you see are the faces of your intoxicated classmates in the other car before your vehicles collide in a head-on collision. You played it safe at the prom party, but others did not make the same good decisions. Unfortunately, everyone in your vehicle is killed. The intoxicated driver in the other car survives.

Scenario#2

You and your friends decide to experiment with a new drug. You know a few people who have tried it, and they say that it is "so much fun" and "the best time of your life". For you, it ends up being the first and last time you try it because the drug was laced with another drug that you are allergic to. You have an anaphylactic allergic reaction. Your throat begins to swell up and close, but no one notices because they are too high and cannot help you.

Yellow – Home Safe Consequence

Scenario #1

You go to a party with a friend and when you get there you don't know anyone at the party. People are sitting in a circle passing around a joint. You think quickly and decide to get out of there by saying, "I just got a text from my friend inviting me to another party. I've got to go." You ask your friend to leave with you. You didn't actually get a text from a friend, but you are glad to have gotten out of a situation involving drugs. You end up going back to your house and have a fun movie night with your friend.

Scenario#2

You go to the prom after party and volunteer to be the designated driver. You say "no thanks" to people when they offer you shots, and you carry around a glass with only pop in it so that people will see it and think you are drinking too. You have to round up all of your friends at the end of the night. All of your friends have been drinking, and you are glad that you are sober and can make sure they get home safely.

Green – Sexual Assault/Consent Consequence

Scenario#1

Your friend is 15 years old and she met a 21-year-old guy at a party a few weeks ago. Since then, they have gone to a couple parties together and have hung out a few times alone. Your friend says that this guy is really nice, and that he makes her feel good about herself. They now call themselves "boyfriend and girlfriend." She says that the guy has started to pressure her to have sex with him, but she is not sure if she wants to do this.

Scenario#2

You are having a great time at the party, but realize that you really, *really* need to go to the washroom because those drinks went through you too quickly. You set your drink down on the table and plan to grab it again when you come back out. You are only gone for two minutes, so your drink is still waiting for you on the table when you get back. You finish the drink and go to get another one, but suddenly you feel tired and dizzy. A guy who you don't know offers to help you find somewhere to sit down. This is the last thing that you remember. The next morning, you wake up in an unfamiliar bed. You don't remember anything from the night before, and feel very sick to your stomach.

Ideas for how to "take away" or implement this activity at your school:

You or a class at your school could create a large die with different colours on each side.

You could use a normal die and have numbers instead of colours to correspond with each consequence.

You could create your own scenarios or we could send you copies of our scenarios.

Props: You or the art class could make the props.